

Oly Pen - Breakfast

Sunday, July 10th – Port Townsend

Chorizo, Potato Breakfast Burrito w/
Cheese & Pico De Gallo
Whole Wheat Tortilla
Steel Cut Oats
Old Fashioned Donuts
Assorted Fruits
Continental Bar
Beverage Bar

Monday, July 11th – Port Angeles

Scrambled Eggs
Bacon
Steel Cut Oats
Waffles w/ Syrup
Assorted Fruits
Continental Bar
Beverage Bar

Tuesday, July 12th – Port Angeles

Mediterranean Omelet w/ Cheese
Chicken Rosemary Breakfast Sausage
Links
Steel Cut Oats
Banana Bread
Assorted Fruits
Continental Bar
Beverage Bar

Wednesday, July 13th – Salt Creek

Spinach and Ricotta Stuffed Croissant
Scrambled Eggs
Diced Breakfast Potatoes
Steel Cut Oats
Assorted Fruits
Breakfast Bar
Beverage Bar

Thurs, July 14th - Forks

Scrambled Eggs
Breakfast Kielbasa
Steel Cut Oats
Roasted Baby Potatoes
Scones
Assorted Fruits
Continental Bar
Beverage Bar

Friday, July 15th - Forks

Scrambled Eggs
Biscuits and Sausage Gravy
Steel Cut Oats
Blueberry Bread & Butter
Assorted Fruits
Continental Bar
Beverage Bar

Saturday, July 16th – Port Angeles

Sausage Egg and Cheese Breakfast
Sandwich
Steel Cut Oats
Chocolate Croissant
Assorted Fruits
Continental Bar
Beverage Bar

Beverage bar consists of the following:

Coffee, Half & Half, Tea, Milk, Assorted
Juices
Assorted Hot & Cold Beverages

Continental Bar consists of the following:

Assorted Hot Cereal Toppings, Granola,
Yogurts, Hard Boiled Eggs, Salsa
Assorted GF Cold Cereals

Oly Pen Lunch/Finish Line

Sunday, July 10th – Port Angeles

Tuna Salad Sandwich
Vegan: Chickpea of the Sea
Macaroni Salad

Monday, July 11th – Port Angeles

4:00 pm – 6:00 pm Wine Tasting Party

Tuesday, July 12 – Salt Creek

Chicken Caesar Wrap
Vegan: Vegan Caesar Wrap
3 Bean Salad

Wednesday, July 13th – Forks

Grilled Chicken Sandwich
Vegan: Plant Based Chixn Patty
Carrot Raisin Salad

Thursday, July 14th – Forks

Clam Chowder
Vegan: Vegetarian Chili w/ Beans
Green Salad

Friday, July 15th – Port Angeles

Assorted Pizza Bar
Green Salad w/ Ranch Dressing

Finish Line Sat July 16th – Port Townsend

Smoked Beef Brisket Sandwich
Plant Based Burgers
Lettuce/Tomato/Cheese & Pickles
Assorted Condiments
Cole Slaw & Watermelon
Specialty Commemorative Cookie

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Oly Pen Dinner

Saturday, July 9th – Port Townsend

Meat Lasagna
Vegan: Baked Ziti - Plant Based Protein
Lemon Garlic Green Beans
Caesar Salad Bar
Garlic Bread
Orange Dream Cake

Sunday, July 10th – Port Angeles

Grilled Salmon w/ Dry Rub
Vegan: Grilled Mandarin Tofu
Power Mix Slaw
Spring Mix Salad Bar
Forbidden Black Rice
Potato Roll
Lucious Lemon Bars

Monday, July 11th – Port Angeles

Chicken Curry
Vegan: Chickpea Curry
Jasmine Rice
Edamame w/ Vegetables
Hawaiian Rolls
Oriental Salad
Cow Camp Peach Cobbler

Tuesday, July 12th – Salt Creek

Butter and Herbed Braised Cod
Vegan: Red Lentil & Sweet Potato Stew
Grains of Life w/ Riced Cauliflower
Roasted Root Vegetables
Baby Spinach Salad Bar
Toffee Sticky Pudding

Wed, July 13th - Forks

Smoked Pork Burritos
Vegan: Seasoned Plant Life Protein
Whole Wheat Tortillas
Fire Roasted Corn
Black Beans
Spanish Rice
Shredded Cheese, Pico De Gallo, Sour
Cream, Black Olives & Jalapenos
and lettuce
Churros

Thursday, July 14th – Forks

Beef Stew
Vegan: Tofu w/ Root Vegetables
Peas and Pearl Onions
Garlic Mashed Potatoes
Rustic Dinner Rolls
Wedge Salad
Fresh Baked Oatmeal Raisin Cookies

Friday, June 24th – Port Angeles

Tuscan Baked Chicken Breast
Vegan: 5 Grain Stuffed Peppers
Roasted Red Potatoes
Balsamic Roasted Broccoli
Garden Salad
Grilled Pita Bread
Brownies

Salad bar provided at each site

Assorted Green Salads, Legumes,
Cottage Cheese
Assorted Vegetables, Croutons,
Sunflower Seeds
A variety of salad dressings